

DASHMESH PUBLIC SCHOOL  
CIRCULAR  
CLASSES: - IV-V

Date: - 09-04-2020

Dear Parents,

Greetings from Dashmesh Public School!

Hope that you are taking care of yourself and the health of your loved ones. We at Dashmesh Public school kept taking the initiatives to ensure that our children are meaningfully engaged. We are expecting that from you too i.e. to **“TURN this lockdown time into Family Bonding Time.”**

When children feel that they are valued by their parents they feel more positive about themselves. Each child expects one important thing from their parents and that is **TIME**. Divert your mind from all the worries/tensions of COVID-19 and start utilizing this crucial time to connect with your child. This is the time when we can create happy memories with them which due to our otherwise hectic schedules seemed a remote possibility. We would once again urge you to constructively utilize this time and build new arteries within homes/families to rediscover the bond and find your child's unique abilities and interests.

Dashmesh Public School is with you in this parenting journey. We have planned some activity-based projects on human-human, human-nature, nature-nature interface by simply observing your daily lives. You can understand your child by doing activities with them instead of just asking, “What did you do today?” With the help of all these activities you can give them Life lessons like sharing, management, observation, utilization, honesty, fairness etc and compassion can be reinforced.

**List of Activities**

**(1) Gardening Activities enhance the learning by doing skills**

- Activities: - Herb Plantation (Tulsi, Mints, coriander etc.)

**(2) Kitchen Related Activities as the Running of a kitchen is an imminence learning resource: -**

- Find out the vitamin C rich products that are used in your house.
- We get oil and pulses from the plants. Find out which part of the plants gives us oil and which pulses? Do you know the different part of the plants? Make a labelled diagram of parts of a plant.

**(3) Hygiene Activities**

- Take healthy & balanced diet and do yogasna like Kapalbharti, Anulom-Vilom etc.

**(4) Dignity of Helpers: -**

- Ask the occupation of your uncles and aunts. Try to figure out why these occupations are important in our day to day life?

**(5) Environmental Related Activities: -**

- Reuse the old waste stuff of your house for crafts
- Find out the shape of different furniture present in your home.
- Find the famous historical places near you which you wish to visit in future

**Notes: - Students will do one activity in a week (i.e. total 5 activities) with parents and share it by making videos and clips etc. with respective class teachers.**

All the above mentioned activities inculcate the importance of People, things, thoughts etc. around them. Due to COVID-19, we are forced to minimize the unnecessary consumption. However, it is important to make the child understand that value the things which he/she have and use it correctly.

***As Brian Gardner says, "Minimalism isn't about what you own, it is about why you own it."***

**Digital/e-Learning Platforms provided by MHRD:**

**Make your child visit these URL's**

- Digital Infrastructure for Knowledge Sharing (DIKSHA): DIKSHA website can be accessed through the following URL: <https://diksha.gov.in>
- E-Pathshala: URL: <http://epathshala.nic.in> or <http://epathshala.gov.in>
- NATIONAL DIGITAL LIBRARY OF INDIA: URL: <https://ndl.iitkgp.ac.in/>

Regards

Sarita Saxena

Director